



VHT Pathfinder

30 YEARS AND GROWING

Victor Hiking Trails
Fall 2021

INSIDE THIS ISSUE:

2021 Hike Schedule	2
Past Hikes	3
More Past Hikes	4
New Mural	5
Victor Farmington Library	6
Trail Updated	6
VHT is 30 Years Young	7
Trekking Poles	7
Sponsors	8
Membership Form	10

Hang Around Victor Day

This year the hours changed from a morning-early afternoon event to an afternoon-early evening event. It looks like this was an okay decision by the HAVD committee. Many vendors said the crowds this year were about the same as other years. We certainly had many visitors at our booth wanting to learn about all the new trails in Victor. And they love our new expanded brochure with all the trails shown on the map. They also like the QR code that takes them directly to the maps on the website.



Photo by Lisa Roberts

The guided hike around the village and through Victor Municipal Park was only utilized by 3 hikers. It was a beautiful afternoon with some clouds and a nice breeze.

Helen's Way

Our newest trail is now open to the public. There will be an official ribbon cutting on Sunday, October 10th at 1:30 PM. The address is 800 Rainbow Run. From County Road 9, turn onto Duck Hollow. Turn right onto Pond Side Circle and then right onto Rainbow Run. Park at the Village on the Park soccer fields parking lot and walk on the gravel road to the kiosk.

Paul Bishop, the landowner who generously allowed VHT to create this beautiful trail around his 93-acre property, will cut the ribbon, officially dedicating the trail to his mother, Helen.

A guided hike on the trail will follow, pointing out a future meditation area near a pond, a future trail connecting to the Village on the Park Trails, a future trail leading up to a high meadow owned by the Town of Victor, and a future reroute that will move the trail away from Paul's house.

You are invited to join VHT members, friends and neighbors at this special trail dedication.

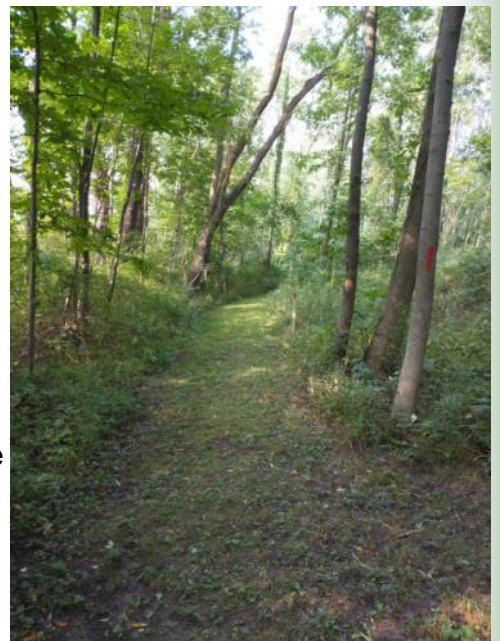


Photo by Jeff Hennick

VHT 2021 Officers:

Dave Wright– Chairman
 Jeff Hennick– Vice Chairman
 Lisa Roberts– Secretary
 Ruth Rugaber– Treasurer
 Scott Reinhart– Trailmaster
 Chauncy Young– Trail Boss
 Denni Harbaugh– Membership
 Jeff Miller – Education
 Paul Knerr— Volunteer
 Coordinator
 Lisa Roberts — Social Media
 Coordinator
 Jeff Hennick— Webmaster
 Larry Fisher—Parks Liaison

VHT Pathfinder

Volume 26, Issue 3
 Fall 2021

*The Victor Hiking Trails
 Pathfinder* is published
 quarterly for the members
 of Victor Hiking Trails, Inc.

We encourage
 submissions of letters,
 editorial items and
 advertising pertaining to
 trails, Victor and the
 environment.

Ask about our rates.
 To submit articles for the
VHT Pathfinder, please
 contact:

Dave Wright, Editor
 Victor Hiking Trails, Inc.
 85 East Main Street
 Victor, NY 14564

(585) 234-8226

www.victorhikingtrails.org
 Also on Facebook,
 Instagram
 and Meetup
 © 2021 Victor Hiking
 Trails, Inc.

VHT MONTHLY HIKES**2021 Hikes**

Sept 25, 9 AM– Bike Ride on Ontario Pathways, Canandaigua.
 Sept 26, 2 PM– Historical Victor Hike with Victor Historian.
 Oct 9, 9 AM– Boughton Park.
 Oct 31, 2 PM– Halloween Special at the Avon Cemetery.
 Nov 13, 9 AM– Ontario County Park.
 Dec 11, 9 AM– Seneca Park along the Genesee River.

2022 Hikes

Jan 1, 10 AM– First hike of the year. Auburn Trail, Fishers Fire Station.
 Jan 8, 9 AM– Helen’s Way, 800 Rainbow Run.
 Feb 12, 9AM– Abe Lincoln Park, Penfield.
 Mar 12, 9AM– Apple Farm. Meet at the store.

Note: Please check the message line at 585-234-8226 for details and last minute updates. Also, if you join <https://www.meetup.com/Victor-Hiking-Trails-Meetup>, you will get notifications of hikes and other events and reminders if you are signed up for a hike and last minute changes.

All hikes meet at Victor Town Hall rear parking lot, 85 East Main Street, at 9:00 AM unless otherwise noted. Most hikes are relatively easy and take 2-3 hours. Always bring a snack and something to drink. Dress for the weather. We rarely cancel due to inclement weather.

As noted in our schedule there are several educational hikes planned for 2021. These are usually on a Sunday afternoon, starting at 2:00 PM. They tend to fill up quickly, so get on Meetup so you don’t miss out.

We usually carpool from Victor Town Hall to the trailhead. Expect to share the cost of gas with the driver. If you have any questions regarding any of the hikes, or if you have suggestions for places to hike, please leave a message at the VHT Message Line, 585-234-8226.

Again this year we have scheduled several hikes in Victor or the surrounding communities. We are also leading shorter and easier hikes to encourage families and younger hikers to join us. Based on the success of past years we will again be adding an educational element to some of the hikes.

Additional hikes with the Victor PTSA and the Victor Farmington Library will be scheduled throughout the year.

We only hike as fast as the slowest hikers, so don’t worry about not keeping up. If we need to split into more than one group, that is not a problem. **Come enjoy the fun.**

NOTE: There are several hiking Meetup groups in our area that schedule hikes in Victor. If you like to hike, join those Meetup groups as well.

Past Hikes

June 27– Glacial History of Western NY at Chimney Bluffs State Park.

On a warm, sunny afternoon, 25 people interested in learning about these unusual landforms and the forces that created them, followed Dan Krisher, a geologist who rocks. Dan loves to look for special formations and fossils. Look for his next interesting hike in 2022.



Photo by Laura



Photo by Jeff Miller

July 10– Fillmore Glen State Park.

Another gorgeous, warm day, perfect for a hike up a cool creek. 11 made the trek to the top of the falls and thoroughly enjoyed the climb. With all of the recent rain, the creek was flowing at maximum capacity. Unfortunately, that meant that the pool at the bottom, with 60 degree water and runoff, was closed for the day due to high contamination levels. A few of the hikers went to a local restaurant for a delightful dinner on the lake.



Photos by Alicia A.

more hikes on page 4.

Past Hikes continued

July 25– Mount Morris Dam Hike and Tour.

It was a perfect day for 16 hikers to view the Genesee River upstream from the dam as there had been several days of rain to fill the gorge. This is why the dam was built by the Army Corps of Engineers in the 1950s. It holds back the water that used to flood downtown Rochester.



Photo by Dave Wright



Photo by Ling

August 14– Ganondagan State Historic Site.

One of the favorite parks for hiking in the region, these trails provide a variety of woods and meadows, flat and hills, flowers and trees. The 16 hikers had a perfect temperature morning with white fluffy clouds. They covered about six miles on the rolling hills, through meadows and woodlands, with great views from Fort Hill.



Photos by Laura



August 29– Cobblestone Museum.

With 14 cobblestone structures still standing in the town and village of Victor, it was natural that VHT arrange an educational trip to the Cobblestone Museum in Childs, NY. The docents split the group of 17 into 3 fairly equal groups and directed them to 7 different structures for an afternoon of round robin. For two hours the groups toured the historic buildings and learned about life in the “good old days”. After the tours several members dined at Tillman’s Historic Inn and Restaurant.



Photo by Jeff Miller



Photo by Alicia

Past Hikes continued

September 11– Bike Ride on the Seneca-Cayuga Canal Path.

A perfect morning for a bike ride, 15 riders enjoyed the 16.5-mile scenic cruise along the waterfront and on the old tow path. The halfway point is the Village of Waterloo, at Lock #4 where there is a memorial cemetery honoring Civil War veterans killed during the war.

Shortly after the Civil War ended, the Village of Waterloo started the Memorial Day remembrance to honor all those killed during all of the previous wars.



Photos by Alicia

New Mural

For a long time VHT has wanted to have the west wall of the Thruway underpass on the Auburn Trail painted with a mural depicting the history of Victor and this region. The call was sent out to the general public to submit sketches and ideas for the mural. Cobblestone Arts Center, led by Executive Director and founder Lorene Benson, submitted an artist, several sketches and some of the students at Cobblestone. It was definitely a win-win solution. Josue Lopez, the accomplished muralist, showed us his ideas for the mural. Lorene was successful in getting a grant to pay the students to help Josue create the mural. The Town of Victor and VHT paid for the NYS Thruway Authority work permit that allows Josue and the students to work on the mural. They started the mural in August and worked several hours each week until the students had to go back to school. The mural is started, so you can walk or ride by it to see what they accomplished in a very short time. The crew will be back next summer to continue working on the mural until it is finished.



Josue and his future artists.

Photo by Dave Wright

Victor Farmington Library

The library has started a series of hikes in and around Victor on the second and fourth Wednesday morning of each month. Starting in October they will be going on a hike every Wednesday, beginning at 10:00 AM. They are thinking about doing a bike ride on the third Wednesday of each month, starting at the library at 10:00 AM.

If you like to hike or bike and are available, see the VHT Meetup page or the library website (www.VictorFarmingtonLibrary.org) for the time and place to meet.

The library is also conducting a fund raiser during the month of October. It is a challenge to see how many of the trails in Victor and Farmington you can complete. Registration and details can be found on the library website.

Trail Updated

There is a trail that connects the Silverton Glenn neighborhood with the Auburn Trail at Finn's Tap Room and Restaurant. It was created and has been maintained by the developer and the home owners association. Now that the development has been completed, VHT asked the home owners association for a revocable permit for the trail. It is a short trail that runs along a creek that used to provide water to a tower for the steam engines. It is an important connection from the Trolley Trail to Ganondagan. The top of the trail will continue to be maintained by the home owners association and VHT will maintain the rest of the trail.

This fall VHT plans to connect the development with Proximity Road and the Auburn Trail, making a loop around the neighborhood. They just need to wait until the leaves fall so that the best route for the trail can be determined.



Look for the fairy houses along the trail.



Photos by Dave Wright

 **CANANDAIGUA
SAILBOARD**

11 Lakeshore Drive
Canandaigua, New York 14424
shop@canandaiguasailboard.com

 **WYSL** VOICE OF
LIBERTY

20,000 watt
AM 1040 - FM 92.1 - FM 95.5 West
Proud Supporter of Victor Hiking Trails

VHT Celebrating 30 Years

VHT is planning some special events for 2022. Expect National Trails Day to be spectacular. Maybe there will be a long challenge hike in the fall. Probably lots of hikes in Victor. Maybe more bike rides. More hikes and bike rides during the week with the library. More "Hike with a Tyke" through partnering with the Victor PTSA.

VHT will be spreading the word about the great trails through farmers markets, Hang Around Victor Day, Outdoor Expo in Mendon Ponds Park, guest speakers at community organizations like Rotary, Lions Club, Kiwanis, Boy Scouts and Girl Scouts, school clubs, PTSA and the Victor Community Development Office to generate more members and donations.

There are at least two BSA Eagle projects that should be completed next year. If VHT can get the funding, there is a long boardwalk that needs to be replaced. There are several projects that can improve existing trails if more volunteers are ready to help.

VHT would like to hear from you. Are the trails being kept up in good condition? Are they well marked so someone unfamiliar with the trails won't get lost? Is there a trouble spot that is always muddy? Do you see erosion on a trail? Is there a location where a new trail would enhance the trail system? Send your ideas and requests (and yes, any complaints) to the website. We need your input to keep the trails in tip-top condition.

Trekking Poles

Do you use trekking poles? If not, should you? Trekking poles are not a strictly necessary piece of gear, but many choose to take them on their hikes because they provide a lot of benefits. Poles take a lot of strain off your joints while you hike, especially over hilly terrain, and can help you maintain balance through various types of tricky terrain, like small creeks and rocky trails. Some find that they hike faster while using poles and enjoy that they keep their arms exercising as well, while others find trekking poles cumbersome and don't like that they occupy their hands. If you do choose to hike with trekking poles, it's important to make sure your poles are adjusted to the correct length and to ensure proper technique to get all the benefits they provide.



If you want to try before you buy, VHT and the Victor Farmington Library have some you can borrow for your next hike. For more information, check out CleverHiker.com.





Paul M. Rowan
Licensed Real Estate Broker

585-283-7087
Paul.Rowan@TheKeytoRentals.com
10 E. Main St., Suite 207, Victor, NY 14564
TheKeytoRentals.com



QCI

Asset
Management
Inc.

1040 Pittsford Victor Road, Pittsford, NY 14534

e-qci.com	main 585 218-2060
	alt 800 836-3960
	fax 585 218-2013



**Canandaigua
National
Bank & Trust**

HIGHPOINT

237 High Street Ext.
Victor, New York 14564
www.highpointbusinesspark.com



VICTOR FARMINGTON LIBRARY
your place to connect

15 W. Main Street
Victor, NY 14564
585-924-2637
VictorFarmingtonLibrary.com

**VICTOR PARKS AND RECREATION
RECREATION OFFICE
7891 LEHIGH CROSSING
VICTOR, NY 14564**



TOWN OF VICTOR
NEW YORK

PH: (585) 742-0140
Fx: (585) 742-0142
WWW.VICTORNY.ORG

Mary Beth Inchalik
Private Tutor
(Flexible services are available for pandemic circumstances.)

Cell (661) 210-7850

New York State Certified Teacher - 25+ years experience
Multi-Content Areas Ages 3 - Adult
marybethinch@yahoo.com

REFERENCES AND RESUME PROVIDED UPON REQUEST



NEON WAVE

237 High Street Ext. Suite 4
Victor, New York 14564
shop@thisisneonwave.com


Movement is Medicine



Robin Barclay, Physical
Therapist, Certified Exercise
Expert for Aging Adults, BS
Exercise Physiology

Safe at Home Physical Therapy
Keep on Moving!

www.safeathomept.com | 585 398-6050 | robin@safeathomept.com



MOBILE GRAPHICS
585.742.3370

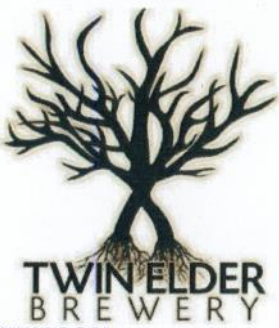
Visit our sponsors and tell them you saw their advertisement in the VHT Pathfinder.

Saxby Implement
 180 Mendon Victor Road
 Mendon, New York 14506
 585-624-2938

Kubota. Cub Cadet.
www.SaxbyImplement.com

FERRIS

TWIN ELDER BREWERY



160 SCHOOL ST,
 VICTOR, NY 14564

585-902-8166
WWW.TWINELDERBREWERY.COM

The Most Trusted, Reliable Cleaning Service in Town!



(585)924-2060
www.timewisecleaning.com

Pure NYS Maple Syrup & Wildflower Honey

KETTLE RIDGE
 - FARM -
 LOCAL TREES. LOCAL BEES.

515 Log Cabin Road, Fishers NY
Call 585-683-7506 or visit KettleRidgeFarm.com



Chauncy Young, CFP®, LMT
 Managing Member

Sage Financial, LLC




660 Old Dutch Road
 PO Box 426
 Fishers, NY 14453-0426

Phone: 585-742-1068
 Cell: 585-455-1932
 Email: cy.sagefinancial@gmail.com

Massage & Energy Balancing

Chauncy C. Young, LMT



660 Old Dutch Rd
 PO Box 426
 Fishers, NY 14453-0426

Phone: 585-742-1068
 Cell: 585-455-1932
 E-mail: cyoung.lmt@gmail.com



6112 Collett Road West
 Farmington, New York 14425
 Phone: (585) 924-5480
 Fax: (585) 924-7624
AmericanEquipmentLLC.com



Telecommunication Billing Solutions and Beyond
 7615 Omnitech Place
 Victor, NY 14564
 Phone: 888-924-4110
 Fax: 585-924-1821
www.idibilling.com

Visit our sponsors and tell them you saw their advertisement in the VHT Pathfinder.

Victor Hiking Trails
85 East Main Street
Victor, NY 14564



30 YEARS AND GROWING

All VHT newsletters are now available on our website.
View it and download it in full color.

Annual membership is for 12 months, beginning when you first join. Please send your renewal check or donation promptly so we can continue to create new and improved multi-use trails.

Filling the gaps in Victor

Check out our website at
www.victorhikingtrails.org

Join us on Facebook!

And Meetup!

Post your photos on Instagram



VHT Map Link

Yes, I want to join / renew membership in VHT!

Name _____ **Date** _____

Address _____

City _____ **Zip** _____

Phone () _____ - _____

E-Mail _____

Please note that we need your e-mail address to notify you when the latest edition of our newsletter is available on our website.

I can help with: Trail Acquisition _____ Trail Maintenance _____ Trail hikes _____
 Newsletter _____ Fund Raising _____ Special Events _____ History / Education _____

Amount submitted \$10 _____ \$20 _____ \$100 _____ \$250 _____ other \$ _____
 Sustaining Monthly Donation of \$ _____
 Corporate membership at \$100 per year allows all employees to be members.

Victor Hiking Trails, Inc. is a 501 (c)3 non-profit organization.

Make check payable to: VICTOR HIKING TRAILS, INC.
 And mail to: 85 EAST MAIN STREET
 VICTOR, NY 14564